

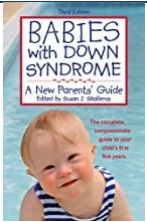

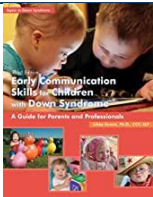
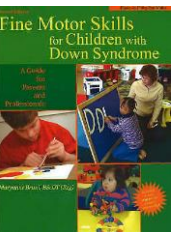
How the library works:

- The library is free to use.
- DSO members living in Oxfordshire and Oxfordshire schools who support a pupil with Down syndrome are eligible to borrow books. (Borrowers must be registered on the DSO database, ask if unsure.)
- Up to 2 books can be borrowed at a time, for 4 weeks. The loan time can be extended by email, so long as no-one else is waiting.
- There are 3 ways to receive a book...
 - at one of the regular DSO events e.g. choir, tennis, dance, EDGs or football training.
 - collection from 6 Wychwood Lane, Risinghurst OX3 8HG (near Headington).
 - by post, with a stamped addressed postage bag for you to return (free of charge). To keep costs low, heavy parcels may need to be dropped off at a local courier collection point when returning.
- Members will be asked to pay the replacement cost for any lost or badly damaged books.
- Contact Elsa at library@dsoxford.org.uk with your loan requests, any questions or to request a scan of a book's contents page.

**This library was supported by funding from the
University of Oxford's Small Community Grant Scheme.**

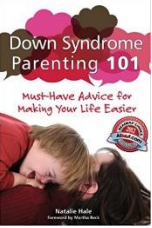
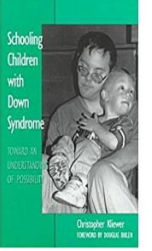

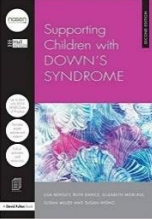


DSO Library Catalogue

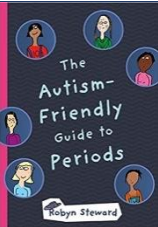
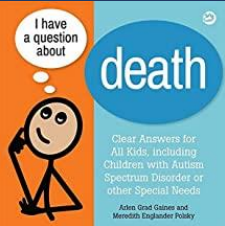
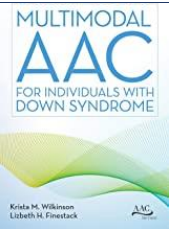
Cover	Title	Author and Year	Notes
	Babies with Down Syndrome: A new parents' guide	Susan J Skallerup, 2008	Covering medical care, daily care, family life, development, early intervention, learning and legal rights. A roadmap to every aspect of health and wellbeing from birth through age five.
	Potty Time for Kids with Down Syndrome: lose the diapers, not your patience	Terry Katz and Lina Patel, 2020	An instructive manual offering step-by-step approaches to toilet training a child with DS. Includes potty-training strategies, helpful planning and tracking forms, examples of visual supports and lists of training products and resources.
	Early Communication Skills for Children with Down Syndrome: A Guide for Parents and Professionals	Libby Kumin, 2012	Speech and language development from birth to the stage of making 3-word phrases. Checklists on evaluating and treating speech problems to numerous home activities.
	Fine Motor Skills for Children with Down Syndrome: A Guide for Parents and Professionals	Maryanne Bruni, 2006	Explains the best practices and procedures for helping children master the finger and hand skills needed for home and school activities. Includes instructions for easy home and school-based activities which help children learn fine motor skills.

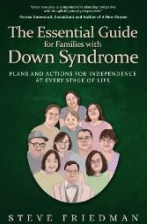
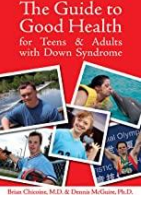
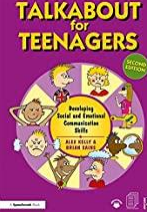
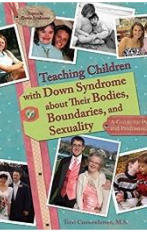
***Heavy Item**

	<p>Gross Motor Skills for Children with Down Syndrome: A Guide for Parents and Professionals</p> <p>*Heavy item</p>	<p>Patricia C Winders, 2014</p>	<p>In parent-friendly language, the author explains the many physiological reasons that children with Down syndrome experience delays in their gross motor development and presents a physical therapy treatment plan from birth to age 6.</p>
	<p>The Down Syndrome Nutrition Handbook: A Guide to Promoting Healthy Lifestyles</p> <p>*Heavy item</p>	<p>Joan E Guthrie Medlen, 2002</p>	<p>Looks at all aspects of nutrition and healthy living from birth through to young adulthood. Chapters include basic nutrition and physiology, weight management, fitness and exercise, cooking and menu planning.</p>
	<p>Supporting Positive Behavior in Children and Teens with Down Syndrome—The Respond but Don't React Method</p>	<p>David S Stein, 2022</p>	<p>Easy to read, in depth, clear explanations and practical advice on how to approach different scenarios e.g. Avoidance, flop and drop, running away etc.</p>
	<p>When Down Syndrome & Autism Intersect: A Guide to DS-ASD for Parents and Professionals</p>	<p>Margaret Froehlke, 2013</p>	<p>This book offers a thorough examination of the unique profile of a Down Syndrome-Autism Spectrum Disorder (DS-ASD) diagnosis and best practices for screening, treatment, and caretaking through the lifespan.</p>
	<p>The Special Parent's Handbook</p>	<p>Yvonne Newbold, 2014</p>	<p>This book covers, in depth, every aspect of family life, from dealing with Education or Health and Social Care professionals to managing family mealtimes and even fitting in housework.</p>

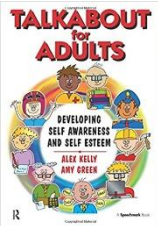
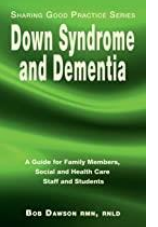
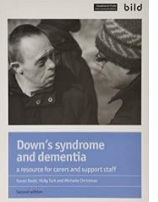

	<p>Down Syndrome Parenting 101: must-have advice for making your life easier</p>	<p>Natalie Hale, 2011</p>	<p>The author discusses everything from finding great teachers and therapists, interacting with medical professionals, to learning how to encourage discipline and independence, dealing with school issues, and acknowledging your child as an adult.</p>
	<p>Schooling Children with Down Syndrome: toward an understanding of possibility</p> <p>*Heavily annotated</p>	<p>Christopher Kliever, 1998</p>	<p>This book traces the history of community banishment inflicted on people with DS, exposes artifacts of this history in certain contemporary school practices and then describes numerous school contexts currently resisting traditions of segregation.</p>
	<p>A Practical Guide to Educating Learners with Down Syndrome: Supporting lifelong learning</p>	<p>Rhonda M Faragher, 2023 (UK)</p>	<p>A practical guide for teachers and carers using evidence based practices, covering core learning ideas such as literacy, numeracy, mathematics, science and the humanities. Considers learning from birth to post education /adulthood. Chapters include: Building on strengths, including a student with ds in your class, learning mathematics and learning outside the classroom.</p>
	<p>Supporting Children with Down's Syndrome</p> <p>Topics: Defining the profile of a pupil with Down's Syndrome, guidelines for working with pupils, addressing behaviour issues, the use of ICT, home/school liaison and assessment.</p>	<p>Lisa Bentley, 2015</p>	<p>Guidance and practical strategies for SENCOs, teachers and parents. It also provides materials for in-house training sessions, and features useful checklists, templates and photocopiable resources.</p>

	<p>Teaching Math to people with Down Syndrome Book 1</p> <p>*Heavy item</p>	<p>DeAnna Horstmeier, 2004</p>	<p>This book aims to meet the needs of hands-on learners using high interest hands-on strategies and ideas for teaching math to learners of all ages. It focuses on addition, subtraction, time, money, counting, measuring and more.</p>
	<p>Whole Child Reading—A Quick-Start Guide to Teaching Students with Down Syndrome, Autism and Other Developmental Delays</p>	<p>Natalie Hale, 2023 (USA)</p>	<p>A practical and easy to read guide to teaching your child to read, with lots of useful pictures. It has chapters on how to create personal books, how to modify books, phonics, flashcards, comprehension and working memory.</p>
	<p>Phonics the R-ight-t way for children and adults with Down Syndrome: How parents and professionals can teach reading on the go wherever they go</p>	<p>Judy O'Halloran & Marilee Senior, 2023 (USA)</p>	<p>You will learn when sight words are meaningful and when they are not. You will discover the authors' unique sequence of interactive instruction, designed for those with DS. This guide provide beginning steps on a path towards independent reading and greater academic accomplishments.</p>
	<p>Stories that Explain: Social Stories for children with autism in primary school</p>	<p>Lynn McCann, 2018</p>	<p>A practical book packed full of advice and tips to help support children in gaining a better understanding of common primary school experiences that can cause stress. Provides an explanation of the use of stories, why they are important, and advice on how to write/edit stories, including tips on how to present them. The accompanying CD includes a comprehensive and editable bank of stories.</p>

	<p>The Autism-Friendly Guide to Periods</p>	<p>Robyn Steward, 2019</p>	<p>A detailed guide for young people on the basics of menstruation. It offers direct advice on what periods look and feel like and how to manage hygiene and pain. It also breaks up information using flaps and step-by-step photos of how to change pads and tampons, it discusses alternatives to tampons and pads, and gives information about possible sensory issues.</p>
	<p>I have a Question about Death: clear answers for all kids, including children with Autism Spectrum Disorder or other special needs</p>	<p>Arlen Grad Gaines & Meredith Englander Polsky, 2017</p>	<p>Uses straightforward text and images to walk children through what it means when someone dies, as well as ways they might want to react or to think about the person. Using clear illustrations throughout, this book is essential for families with a child aged 5-11 with ASD or other special needs.</p>
	<p>Multimodal AAC For Individuals with Down Syndrome</p>	<p>Krista M Wilkinson & Lizbeth H Finestack, 2020</p>	<p>Discover how augmentative and alternative communication (AAC) can enhance communicative competence and improve outcomes for people with DS. This book fully explores how interdisciplinary, multimodal AAC strategies can promote speech, language, and literacy success across many contexts, including homes, schools, communities, health care settings, and the workplace.</p>

	<p>The Essential Guide for Families with Down Syndrome: Plans and Actions for Independence at Every Stage of Life</p>	<p>Steve Friedman, 2023 (USA)</p>	<p>This guidebook provides step by step support to...inspire mindset shifts toward one of independence, foster independence building blocks from earliest age, highlight health risks and financial resources, detail education and work options, evaluate family and community based home options</p>
	<p>The Guide to Good Health for Teens & Adults with Down Syndrome</p>	<p>Brian Chicoine and Dennis McGuire, 2018</p>	<p>Promotes healthy living. Topics include, commonly occurring medical conditions, mental and physical health, long term health and well-being, end of life issues, specific medical issues eg thyroid, Alzheimer's, sleep, cardiac concerns, skin problems etc.</p>
	<p>Talkabout for Teenagers</p> <p>Topics: This is me, my qualities and strengths, the way I look, things that make me feel good, things that bring me down, the way I feel and moving forward.</p>	<p>Alex Kelly and Brian Sains, 2017</p>	<p>A complete package to help you assess a teen's social skills, identify where to start work and work through levels using a mixture of activities, worksheets and handouts. Aimed at people in groups but can be adapted for working 1:1 or with a parent at home.</p>
	<p>Teaching Children with Down Syndrome about their Bodies, Boundaries, and Sexuality: A Guide for Parents and Professionals</p>	<p>Terri Couwenhoven, 2007</p>	<p>Covers topics in a practical way and gives useable suggestions to help deal with common (and sometimes difficult) issues that may arise eg the use of social stories and pictures in supporting people to develop skills.</p>

	<p>Talkabout Sex and Relationships 1: A programme to develop intimate relationship skills</p> <p>Topics: Getting to know us, staying safe, introduction to relationships, starting a relationship, developing a relationship, coping with problems, when a relationship ends and looking to the future.</p> <p>*Heavy item</p>	<p>Alex Kelly and Emily Dennis, 2017</p>	<p>A practical resource designed to help teaching staff to teach relationship skills with lots of activities and worksheets. Aimed at people in groups but can be adapted for working 1:1 or with a parent at home.</p>
	<p>Talkabout Sex and Relationships 2: A Sex Education Programme</p> <p>Topics: Working together, body awareness, let's talk about sex, sex rules and sex aware.</p>	<p>Alex Kelly and Emily Dennis, 2019</p>	<p>A practical resource designed to help teaching staff to deliver a sex education programme, with lots of activities and worksheets. Aimed at people in groups but can be adapted for working 1:1 or with a parent at home.</p>
	<p>Talkabout Transitions: From Education to Employment</p>	<p>Chris Mcloughlin and Alex Kelly, 2020</p>	<p>Topics: This is me, which route do I take? Application process, interviews, workplace relationships and problem solving.</p>
	<p>Mental Wellness in Adults with Down Syndrome: A Guide to Emotional and Behavioral Strengths and Challenges</p>	<p>Dennis McGuire, 2021</p>	<p>Includes chapters on sensory issues and regression, communication, concrete thinking, visual memory, Alzheimer's and What Is Normal? Topics include self-esteem, self-image, self-talk, social skills, mood, anxiety disorders, obsessive-compulsive disorder, psychotic disorders, eating refusal, challenging behaviour, autism and life span issues.</p>

	<p>Talkabout For Adults: Developing Self Awareness and Self Esteem</p> <p>Topics: This is me, people in my life, the way I look, what am I like? my qualities and strengths, things that make me feel good, the way I feel, and I am great!</p>	<p>Alex Kelly and Amy Green, 2017</p>	<p>A practical resource to help support staff to develop self-awareness and self-esteem in older children or adults with a learning disability. Basic self-awareness skills are taught prior to more complex skills such as social skills and friendship skills. 50 activities and worksheets. Suited for groups but can be adapted for 1:1 or home.</p>
	<p>Down Syndrome and Dementia: A Guide for Family Members, Social and Health Care Staff and Students</p>	<p>Bob Dawson, 2020</p>	<p>An awareness raising book aimed at stimulating discussions that will hopefully encourage the reader to find out more, using the websites provided. It takes the form of questions and answers. All the questions raised are actual questions raised many times in training courses run by the author.</p>
	<p>Down's Syndrome and Dementia: A Resource for Carers and Support Staff</p>	<p>Karen Dodd, 2009</p>	<p>Focuses on practical day to day issues including supporting to maintain skills and independence, treating treatable conditions, understanding changes in behaviour, tips and solutions etc.</p>
	<p>Makaton for Maths: Classroom Pocketbook</p>	<p>Makaton</p>	<p>Designed for KS1 students, this resource features 37 key terms common to all areas of maths including total, difference, odd, even etc.</p>